



**HOSPITAL SULTAN ABDUL AZIZ SHAH
UNIVERSITI PUTRA MALAYSIA
Document Code: HSAAS/PAED/DF78**

ABSTINENCE CHART

Patient's Name: _____ **Date of Birth** : _____
MRN : _____ **Date of Admission** : _____
Diagnosis : _____

Systems	Sign and symptoms	Score	Date :						Date :						Remark	
			8:00	10:00	12:00	14:00	16:00	18:00	20:00	22:00	0:00	2:00	4:00	6:00		
Central Nervous System Disturbances	High pitched cry	2														
	Continuous high pitched cry	3														
	Sleeps < 1 hours after feeding	3														
	Sleeps < 2 hours after feeding	2														
	Sleeps < 3 hours after feeding	1														
	Hyperactive Moro Reflex	2														
	Markedly Hyperactive Moro Reflex	3														
	Mild Tremors when Disturbed	1														
	Moderate Severe Tremors when Disturbed	2														
	Mild Tremors when Undisturbed	3														
	Moderate Severe Tremors when Undisturbed	4														
	Increased Muscle Tone	1														
	Excoriation (Chin,Knees,Elbow, Toes.Nose)	1														
Myoclonic Jerks (Twitching/jerking Of Limbs)	3															
Generalised Convulsions	5															
Metabolic/Vasomotor/Respiratory Disturbances	Sweating	1														
	Hyperthermia 37.2-38.3'c	1														
	Hyperthermia > 38.4'c	2														
	Frequent yawning(>3-4 times/scoring interval)	1														
	Mottling	1														
	Nasal Stuffiness	1														
	Sneezing (>3-4)	1														
	Nasal Flaring	2														
	Respiratory rate > 60/min	1														
Respiratory rate > 60/min with retractions	2															
Gastrointestinal Disturbances	Excessive Sucking	1														
	Poor feeding (infrequent/uncoordinated suck)	2														
	Regurgitation (≥ 2 times during/post feeding)	2														
	Projectile vomiting	3														
	Loose stools (curds/seedy appearance)	2														
	Watery stools (water ring on nappy around stool)	3														
	Total Score															
	Date/Time															
Initial Of Scorer																