

HOSPITAL SULTAN ABDUL AZIZ SHAH UNIVERSITI PUTRA MALAYSIA

Kod Dokumen: HSAAS/NURS/SS20

Patient's sticker

5 BUNDLE OF FALL INTERVENTIONS TASK (5B-FIT) CHECKLIST

Notes : Must be done during 4 hourly safety and comfort round					: Tick (√) for cor	nplete i	nterver	tion tas	k,(X) if	not app	olicable	
5 BUNDLE OF FALL INTERVENTIONS TASK Time:		2:											
		2:											
	Fall risk signage available												
Fall Alert	Wrist band/ fall band attached.												
	Call for help reminder.												
Supervision/ Assistance	Offer toilet visit/ assists/ change diaper/ offer help with ablution/ wudhu	h											
il,	Check bed/ bed rails.												
Bed Safety	Check call bell/ wire/ tubing.												
a salety	Offer/ teach how to use assistive devices if applicable	е											
Assistive Device	Notify family to bring device from homes if needed	n											
	Notify on patient's fall risk to patient family/ carer/ others	:/											
Communication	Teach/ remind on fall preventions												
	Staff Name	e:											
Notes: Must be done during 4	hourly safety and comfort round		Inst	ruction:	Tick (√)	for com	nplete in	terven	tion tasl	c,(X) if	not app	licable	

Reference:

- 1. Miake-Lye, I. M., Hempel, S., Ganz, D. A., & Shekelle, P. G. (2013). Inpatient Fall Prevention Programs as a Patient Safety Strategy. Annals of Internal Medicine, 158(5_Part_2), 390. doi:10.7326/0003-4819-158-5-201303051-00005



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5 BUNDLE OF FALL INTERVENTIONS TASK		Date:								
		Time:								
	Fall Risk signage available									
Fall Alert	Wrist Band/ Fall b									
2 g	Call for Help ren	ninder.								
Supervision/Assistance	Offer toilet visit, change diaper/ablution or wud	offer help with								
_ Ĭ	Check bed/Bed I									
Bed Safety	Check Call Bell/	wire/ tubing.								
Å	Offer/ teach how devices if applications	w to use assistive able								
Assistive Device	Notify family to I homes if needed	oring device from								
	Notify on patie patient/ family/	ent's fall risk to carer/ Others								
Communication	Teach/ remi	nd on fall								
	Staff Name:									

Reference:

- 1. Miake-Lye, I. M., Hempel, S., Ganz, D. A., & Shekelle, P. G. (2013). Inpatient Fall Prevention Programs as a Patient Safety Strategy. Annals of Internal Medicine, 158(5_Part_2), 390. doi:10.7326/0003-4819-158-5-201303051-00005
- 2. Scheidenhelm, S., Astroth, K. S., DeLong, K., Starkey, C., & Wolfe, D. (2020). Retrospective Analysis of Factors Associated With a Revised Fall Prevention Bundle in Hospitalized Patients. JONA: The Journal of Nursing Administration, 50(11), 571–577. doi:10.1097/nna.0000000000000939