	HOSPITAL SULTAN ABDUL AZIZ SHAH **UNIVERSITI PUTRA MALAYSIA** **Document Code: HSAAS/NURS/DF31**	Patient Sticker
	GLUCOSE MONITORING CHART	

DATE/TIME	BLOOD GLUCOSE (MMOL/L)				INSULIN (UNITS)		STAFF NAME & SIGN
	PRE B/FAST	PRE LUNCH	PRE DINNER	BEDTIME	ORDER BY (NAME & SIGN)	DOSAGE	

Notes: Any additional insulin must be prescribed by a medical officer and documented in the "insulin" column before being administered to the patient. (See the table above).

GM Reading (mmol/l)	Additional short acting insulin	Signature & Stamp of Prescriber
<4	Omit	
4.0 – 8.0	Continue current dose	
8.1 – 12.0		
12.1 – 16.0		
16.1 – 20.0		
>20	Inform Doctor	