

## HOSPITAL SULTAN ABDUL AZIZ SHAH UNIVERSITI PUTRA MALAYSIA Document code: HSAAS/NURS/BR127

## GENERAL NURSING ASSESSMENT

|        | nstruction:<br>Tick (√) and specify accordingly. Nursing assessment must be completed within 6 hours of admission. |   |   |                  |  |  |  |  |  |  |
|--------|--|---|---|------------------|--|--|--|--|--|--|
| P      | Date And Time Admission @ Transfe  |   | Diagnosis:                              |                  |  |  |  |  |  |  |
| A<br>T |  |   |   |                  |  |  |  |  |  |  |
| 1      | Primary Team:  |   | Reason for Admission:                   |                  |  |  |  |  |  |  |
| E<br>N | [ ] Neuro-medical [ ] IR   | [ ] Others:   |   |                  |  |  |  |  |  |  |
| Т      | Admission from: [] RESQ  | [] Specialist clinic:   | [ ] Others(specify):                    |                  |  |  |  |  |  |  |
|        | Mode of arrival: []walked -in  | []Wheel chair   | [] Stretcher                            |                  |  |  |  |  |  |  |
| I<br>N | Accompany by: [] Hospital staf   | f [] Family   | [] Friends [] Others (specify):         |                  |  |  |  |  |  |  |
| F<br>O | Race: [ ] Malay [ ] Chinese [ ]Inc   |   | Religion: [] Islam []Buddha [] H        | lindu [ ] Others |  |  |  |  |  |  |
| R      | Level Education: [] Primary [] Sec   |   | Marital Status: [ ] Single [ ] Married  |                  |  |  |  |  |  |  |
| M      | Employment status:   |   | Spouse / Family contact No.:            |                  |  |  |  |  |  |  |
| A<br>T |  | amily [] Nursing ho   |   |                  |  |  |  |  |  |  |
| I      |  |   |   |                  |  |  |  |  |  |  |
| O<br>N |  |   |   |                  |  |  |  |  |  |  |
|        | MEDICAL HISTORY  |   |   |                  |  |  |  |  |  |  |
| Р      | [ ] Infectious disease   | [ ] Cardiac:  | [ ]Hyper/hypotension                    | [ ]Diabetes      |  |  |  |  |  |  |
| A<br>S | [ ] Arthritis:   | [ ]Cancer:  | [ ]Respiratory:                         | [ ]Renal:        |  |  |  |  |  |  |
| т      | [ ]Seizure:  | [ ]Thyroid:   | [ ]Stroke:                              | [ ]Gastro:       |  |  |  |  |  |  |
| м      | [ ] Others:  |   |   |                  |  |  |  |  |  |  |
| E<br>D | SURGICAL HISTORY   |   |   |                  |  |  |  |  |  |  |
| 1      | Year   | Туре  | es of Operation                         | Hospital         |  |  |  |  |  |  |
| C<br>A |  |   |   |                  |  |  |  |  |  |  |
| L      | HOSPITAL ADMISSION HISTORY   |   |   |                  |  |  |  |  |  |  |
|        | Year   | Reaso   | on Of Admission                         | Hospital         |  |  |  |  |  |  |
| н      |  |   |   |                  |  |  |  |  |  |  |
| l<br>S | History Of Blood transfusion   | [ ] Yes   | []   Allergic Histor     No   [] Drugs: | У                |  |  |  |  |  |  |
| Т      |  |   |   |                  |  |  |  |  |  |  |
| O<br>R | History of blood transfusion reactio   | n []Yes   | [ ] [ ] Food:<br>No [ ] Others:         |                  |  |  |  |  |  |  |
| Y      | FAMILY HISTORY   |   |   |                  |  |  |  |  |  |  |
|        | [ ] Father (Please specify):   |   |   |                  |  |  |  |  |  |  |
|        | [ ] Mother (Please specify):   |   |   |                  |  |  |  |  |  |  |
|        | [ ] Siblings (Please specify):   |   |   |                  |  |  |  |  |  |  |
|        | SOCIAL HISTORY<br>Do you use Tobacco? [ ] Yes (Cu  | rrently) []No [   | ] Yes ( In the past)                    |                  |  |  |  |  |  |  |
|        |  |   |   |                  |  |  |  |  |  |  |
|        | If yes, what type?   | How often?  | How Long in use?                        |                  |  |  |  |  |  |  |
|        | Do you use alcohol? [ ] No   | Do you use alcohol? [] No [] Yes (Currently) [] Yes (In the past) |   |                  |  |  |  |  |  |  |

| GENERAL ASSESSMENT   |  |              |   |         |  |  |  |  |
|--|--|--------------|---|---------|--|--|--|--|
| Level of consciousness: [ ] Alert  | [ ] Drowsy   | [ ] Stu      | upor                                      | [ ] Com | าล   |  |  |  |
| Oriented to: [] people   | [ ] place  | ]            | ] time                                    |         | [ ] Date   |  |  |  |
| Emotional Status: [] Cooperate [] Anxious [] Hostile []  |  |              |   |         |  |  |  |  |
| Communication: [] Malay [] Chinese [] Indian [] English [] Aphasic [] Slurred Speech [] Incoherent |  |              |   |         |  |  |  |  |
| ANTHROPOMETRY  |  |              |   |         |  |  |  |  |
| Weight   |  |              |   |         | Кg   |  |  |  |
| Height   |  |              |   |         | Cm   |  |  |  |
| BMI  |  |              |   |         |  |  |  |  |
|  | LBW (BMI < 22.)  | N            | : BMI 22-2                                | 7       | HBW (BMI >27   |  |  |  |
|  | OBESE 2(BMI  |              | SE 3(BMI >                                |         | OBESE 3(BMI > 40)  |  |  |  |
|  | 35-39.9)   | ODL.         | 52 3(800) 2                               | 10)     |  |  |  |  |
| PHYSICAL EXAMINATIONS  |  |              |   |         |  |  |  |  |
| PUPIL  |  |              |   |         | SKIN   |  |  |  |
|  |  |              |   |         |  |  |  |  |
|  | 7 8  |              | (   |         | 5 25   |  |  |  |
| Pupil Size (R): mm   | <ul> <li>[ ] respond to ligh</li> <li>[ ] do not respond<br/>light</li> <li>[ ] Slightly respond<br/>light</li> <li>[ ] Fixed &amp; Dilated</li> </ul> | l to<br>d to | 2003                                      |         | Aus zur Aus  |  |  |  |
| Pupil Size (L): mm   | <ul> <li>[ ] respond to ligh</li> <li>[ ] do not respond<br/>light</li> <li>[ ] Slightly respond<br/>light</li> <li>[ ] Fixed &amp; Dilated</li> </ul> | l to<br>d to | Mark wh<br>R- Redne                       |         | ropriate:<br>Dedema S- Swollen PS- Pressure                          |  |  |  |
| Hair: [ ] Clean [ ] Dirty [ ] Fo<br>[ ] Dandruff   | ul odour   |              | Sore<br>B- Blister H – Hematoma W – Wound |         |  |  |  |  |
| Vision : [ ] Cataract- R/L [ ] Co<br>[ ] Glasses [ ] B   |  |              | Wound [ ] Yes [ ] No - Refer wound chart  |         |  |  |  |  |
| Conjunctiva: [ ] Pale [ ] redness [  | ] swollen  |              | Tempera                                   | ture:   | []Warm []Hot []Cold [  |  |  |  |
| [ ] Discharge [ ] Oth  | ners:  |              | ]Moisture                                 |         |  |  |  |  |
| Hearing: [ ] Hearing impaired [  | Discharge  |              | Colour: []Pink []Pallor [] Bluish         |         |  |  |  |  |
| Nose/Throat: [ ] Nasal Congestion  | n [ ] Sore throat  |              | Skin Turgor: [] Normal [] Degenerate      |         |  |  |  |  |
| Mouth: [ ] Pink [ ] Dry [ ] Ulo  | cer [ ] Dentures   |              | [ ] Others:                               |         |  |  |  |  |
| Chest  |  |              |   |         | Breast   |  |  |  |
| Breathing: [] Regular [  | ] Irregular  |              | [] Tend                                   | er [ ]  | Discharge [ ] Pain [ ] Lump  |  |  |  |
| Pattern: [ ]Normal [ ] Stridor   | [ ] Wheeze   |              |   |         | Diet   |  |  |  |
| [ ] Dyspnoea   |  |              | Appetite                                  | : []    | Good [ ] Poor [ ] Feeding Tube                                       |  |  |  |
|  |  |              |   |         |  |  |  |  |
|  | ELIN   | ΛΙΝΑΤΙΟ      | ONS                                       |         |  |  |  |  |
| Gastrointestinal:  |  |              | Genitour                                  | inary:  |  |  |  |  |
| Frequency:   |  |              | Frequenc                                  |         |  |  |  |  |
| Constipation[ ] YesDiarrhoea[ ] Yes[ ] YesLaxative[ ] YesIncontinence[ ] Yes                       | [ ] No<br>[ ]No<br>[ ]No   |              | Incontine<br>CBD<br>Leak<br>Using Dia     |         | [ ] Yes [ ] No<br>[ ] Yes [ ] No<br>[ ] Yes [ ] No<br>[ ] Yes [ ] No |  |  |  |
| Using Diapers [] Yes   | [ ]No<br>[ ]No   |              |   |         |  |  |  |  |

|        | MUSCULOSKELETAL  |                                       |                   |            |                       |    |  |  |  |  |  |
|--------|--|---------------------------------------|-------------------|------------|-----------------------|----|--|--|--|--|--|
|        | [] Free [] Joint Pain [] S   | Stiff []                              | weak [            | ] Cramp    | S                     |    |  |  |  |  |  |
|        | [] Back Pain [] Contracture  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | [ ] independent [ ] supervised [ ] a   | MOBILITY - AME<br>aided 1 person      |                   | d 2 person |                       |    |  |  |  |  |  |
|        | [ ] Chairbound with transfers [ ] Complete   | •                                     |                   | bound      |                       |    |  |  |  |  |  |
|        |  | · · · · · · · · · · · · · · · · · · · |                   |            |                       |    |  |  |  |  |  |
|        | BRADEN SCALE PRESSURE INJURY RISK ASSESSMENT   |                                       |                   |            |                       |    |  |  |  |  |  |
|        | Total scores less than 16: [ ] Yes [ ] No If YES indicate that patients is at risk for pressure injury     |                                       |                   |            |                       |    |  |  |  |  |  |
|        | If Yes, Initiate Pressure Injury Prevention: [] Ripple Mattress [] 2 hourly positioning [] Barrier Product |                                       |                   |            |                       |    |  |  |  |  |  |
|        | , , <u>,</u>   |                                       |                   | , ,        | 0 1 1                 |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       | 0  |  |  |  |  |  |
| N<br>U | PATIENT OWN ME   | DICATION (POM)                        |                   |            | Level Of Care (       | V) |  |  |  |  |  |
| R      |  |                                       |                   | -          | L1 -Self Care         |    |  |  |  |  |  |
| S      |  |                                       |                   |            | L2- Partial           |    |  |  |  |  |  |
| l      |  |                                       |                   |            | L3- Full Care         |    |  |  |  |  |  |
| N<br>G |  |                                       |                   |            | L4 -Critical          |    |  |  |  |  |  |
| G      | NURSING DIAGNOSIS  |                                       |                   |            |                       |    |  |  |  |  |  |
| R      |  |                                       |                   |            |                       |    |  |  |  |  |  |
| l      | Impaired Physical Mobility   | Impaired verba                        | al [and/or writte | en] Commur | nication              |    |  |  |  |  |  |
| S<br>K | - Salf Care deficit  | — in offerstive Co                    | - i               | - 1        | -                     |    |  |  |  |  |  |
|        | Self- Care deficit   | ineffective Co                        | ping              | Acute pai  | n                     |    |  |  |  |  |  |
|        | risk for impaired Swallowing     Impaired Swallowing   Impaired Neglect   Impaired Risk for fall           |                                       |                   |            |                       |    |  |  |  |  |  |
| A<br>c | Deficient Knowledge regarding condition,   |                                       |                   |            |                       |    |  |  |  |  |  |
| S<br>S | e needs  |                                       |                   |            |                       |    |  |  |  |  |  |
| E<br>S | Risk for electrolyte imbalance   | Impaired urina                        | y elimination     | 🗆 Constij  | pation                |    |  |  |  |  |  |
|        |  | -                                     | -                 |            |                       |    |  |  |  |  |  |
| S<br>M | Disturbed sleep pattern  | Ineffective brea                      | athing pattern    | Acute      | confusion             |    |  |  |  |  |  |
| E<br>N | Deficient knowledge  | Risk for infectio                     | 'n                | □ Ineffeo  | tive airway clearance | 2  |  |  |  |  |  |
|        | C C  |                                       |                   |            | ,                     |    |  |  |  |  |  |
| Т      | □ Risk for Ineffective Cerebral Tissue Perfusi   | ion 🗆 Ineffect                        | ive Coping        | Activity   | Intolerance           |    |  |  |  |  |  |
|        | Imbalanced Nutrition: Less Than Body Rec   | quirements                            |                   | 🗆 Impaire  | ed Skin Integrity     |    |  |  |  |  |  |
|        |  |                                       |                   | <b>p</b> c |                       |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | Other: Please specify  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | 1.   |                                       |                   |            |                       |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | 2.   |                                       |                   |            |                       |    |  |  |  |  |  |
|        | 3.   |                                       |                   |            |                       |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | 4.   |                                       |                   |            |                       |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       |    |  |  |  |  |  |
|        |  |                                       |                   |            |                       |    |  |  |  |  |  |
|        | Assessment done by:  |                                       | Assessment co     | mnleted by | ,                     |    |  |  |  |  |  |
|        | RN Name:   |                                       | RN Name:          | mpieteu by | •                     |    |  |  |  |  |  |
|        | Date :   |                                       | Date :            |            |                       |    |  |  |  |  |  |
|        | Time:  |                                       | Time:             |            |                       |    |  |  |  |  |  |
|        |  |                                       | 1                 |            |                       |    |  |  |  |  |  |

| HOSPITAL SULTAN ABDUL AZIZ SHAH |
|---------------------------------|
| UNIVERSITI PUTRA MALAYSIA       |
| NURSING KARDEX                  |

## Instruction:

All information or data must be updated at the end of each shift change accordingly.

| TREATMENT AND INTERVENTION IN PROGRESS       |                       |                |              |          |  |  |  |  |
|--|-----------------------|----------------|--------------|----------|--|--|--|--|
| NURSING OBSERVATIONS                         |                       | OXYGEN THERAPY |              |          |  |  |  |  |
| Continuous Nursing Assessment and Monitoring | Types                 | Date           | mls/hrs      | Date off |  |  |  |  |
| (Tick <b>v</b> if applicable)                |                       | Start          |              |          |  |  |  |  |
| Vital Signs                                  | Nasal Prong           |                |              |          |  |  |  |  |
| Random Sugar (Dextrostix)                    | Face mask             |                |              |          |  |  |  |  |
| Morse Fall Scale                             | Venturi mask          |                |              |          |  |  |  |  |
| Braden Scale Injury Risk Assessment          | Trachy -mask          |                |              |          |  |  |  |  |
| Skin Assessment                              | HFM                   |                |              |          |  |  |  |  |
| Thrombophlebitis Chart                       | Others:               |                |              |          |  |  |  |  |
| Glasgow Coma Scale (GCS)                     | (Tick V if applica    | ble):          |              |          |  |  |  |  |
| Wound Chart                                  |                       |                |              |          |  |  |  |  |
| Intake and Output Chart                      | Spirometry            | [              | ] Additional | :        |  |  |  |  |
| NIHS chart:                                  | Vena Flow machine [ ] |                |              |          |  |  |  |  |
| Modified 4 -AT:                              |                       |                |              |          |  |  |  |  |

## NUTRITIONAL (ORAL/ ENTERAL)

| Type Of Diet              | Date Started |
|---------------------------|--------------|
| Normal Diet               |              |
| Soft Diet                 |              |
| Diabetic Diet             |              |
| Low Cholesterol, low salt |              |
| Dysphagia Pureed diet     |              |
| Others:                   |              |
| Enteral Feeding Regimen:  |              |

| CANNULATION |  |            |            |            |            |                      |                       |                       |                       |
|-------------|--|------------|------------|------------|------------|----------------------|-----------------------|-----------------------|-----------------------|
| Start date  |  | Due Change |            |            |            |                      |                       |                       |                       |
|             |  |            |            |            |            |                      |                       |                       |                       |
|             |  |            |            |            |            |                      |                       |                       |                       |
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|             |  |            |            |            |            |                      |                       |                       |                       |
|             |  |            |            |            |            |                      |                       |                       |                       |
|             |  |            | Start date | Start date | Start date | Start date Due Chang | Start date Due Change | Start date Due Change | Start date Due Change |

| STROKE WOR                   | КОИТ            | REFERRAL     |                |                 |                |
|------------------------------|-----------------|--------------|----------------|-----------------|----------------|
| PROCEDURE                    | Date<br>Request | Date<br>Plan |                | Date<br>Request | Date<br>Review |
| ECHO                         |                 |              | Rehab          |                 |                |
| ECG                          |                 |              | Physiotherapy  |                 |                |
| TCD                          |                 |              | Dietitian      |                 |                |
| HOLTER                       |                 |              | Speech Therapy |                 |                |
| CT BRAIN (Post Thrombolysis) |                 |              | Occ. Therapy   |                 |                |

| NURSING CONTINUOUS INTERVENTIONS |
|----------------------------------|
|----------------------------------|

| Date | Intravenous Therapy |   | Date | Nursing/Medical Plan/treatment |
|------|---------------------|---|------|--------------------------------|
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| Date | Investigation       |   |      |                                |
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| Date | Intravenous Therapy | Date | Nursing/Medical Plan/treatment |
|------|---------------------|------|--------------------------------|
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