



**HOSPITAL SULTAN ABDUL AZIZ SHAH
UNIVERSITI PUTRA MALAYSIA
Kod Dokumen: HSAAS/UKA/BR50**

SPIROMETRY TEST FORM

Name :

I/C No. :

MRN :

Gender :

Age :

Weight (kg) :

Clinic / Ward :

Current Smoker:

Yes

No

Ex-Smoker :

Yes

No

Asthma :

Yes

No

COPD :

Yes

No

Lung Fibrosis :

Yes

No

Occupational History:

Reason For Spirometry Test:

Requesting by Medical Officer:

(Signature & Stamp)

PATIENTS INSTRUCTIONS (What do I have to do before this test?)

Please arrive 15 minutes prior to your appointment

Avoid a heavy meal 2 hours prior to test

Avoid smoking 4 hours before a test

Avoid vigorous exercise 1 hour before a test

Avoid alcohol 4 hours prior to test

Avoid wearing clothing that restricts the chest and abdomen

Do not wear fragranced products (perfume, cologne, shower gels etc)

Withhold medications (if possible) as follows:

Short Acting Inhalers	Ventolin, Salbutamol, Bricanyl, Airomir, Berotec	4 hours before test
Medium Acting Inhalers	Atroven	4 hours before test
Long Acting Inhalers	Oxeze, Serevent, Symbicort, Advair, Foradil Spiriva, Singulair, Accolate	12 hours before test
Theophylline Therapy	Once daily	12 hours before test
Inhaled Steroids	Flovent, Pulmicort, QVAR, Beclomethazone	Take as usual