



**HOSPITAL SULTAN ABDUL AZIZ SHAH
UNIVERSITI PUTRA MALAYSIA
Kod Dokumen: HSAAS/MEDIC/SS10**

**DERMATOLOGY LIFE QUALITY INDEX (DLQI) WORKSHEET
(for Adults of Age 17 and above)**

Nama Pesakit:

Tarikh:

Sila tandakan satu kotak (✓) untuk setiap soalan / Please tick "✓" one box for each question.

| Sepanjang Minggu Lalu OVER THE LAST WEEK | Sangat Banyak Very much | Banyak A lot | Sedikit A little | Tidak Langsung Not at all | Tidak Berkenaan Not Relevant |
|---|-------------------------------|-----------------|---------------------|---------------------------------|---------------------------------------|
| 1) Setakat manakah kulit anda terasa gatal atau sakit? Over the last week, how itchy, sore, painful or stinging has your skin been? | | | | | |
| 2) Setakat manakah anda berasa malu atau segan, disebabkan oleh kulit anda? Over the last week, how embarrassed or self conscious have you been because of your skin? | | | | | |
| 3) Setakat manakah kulit anda mengganggu anda daripada pergi membeli belah atau menjaga rumah atau berkebun? Over the last week, how much has your skin interfered with you going shopping or looking after your home or garden? | | | | | |
| 4) Setakat manakah kulit anda mempengaruhi pakaian yang anda pakai? Over the last week, how much has your skin influenced the clothes you wear? | | | | | |
| 5) Setakat manakah kulit anda mengganggu aktiviti - aktiviti sosial atau masa lapang anda? Over the last week, how much has your skin affected any social or leisure activities? | | | | | |
| 6) Setakat manakah keadaan kulit anda menyebabkan anda tidak selesa bersukan? Over the last week, how much has your skin made it difficult for you to do any sport? | | | | | |
| 7) Adakah kulit anda menyebabkan anda tidak bekerja atau belajar? Over the last week, has your skin prevented you from working or studying? <input type="checkbox"/> Ya/Yes <input type="checkbox"/> Tidak/No <input type="checkbox"/> Tidak Berkenaan/Not Relevant *Jika "tidak", setakat manakah kulit anda menjadi masalah semasa kerja atau belajar? If "No", over the last week how much has your skin been a problem at work or studying? | | | | | |
| 8) Setakat manakah kulit anda menimbulkan masalah dengan teman, rakan baik atau saudara mara anda? Over the last week, how much has your skin created problems with your partner or any of your close friends or relatives? | | | | | |
| 9) Setakat manakah kulit anda menyebabkan sebarang masalah hubungan seks? Over the last week, how much has your skin caused sexual difficulties? | | | | | |
| 10) Setakat manakah rawatan kulit anda menimbulkan masalah seperti mengotori rumah anda atau mengambil masa anda? Over the last week, how much of a problem has the treatment for your skin been, for example by making your home messy or by taking up time? | | | | | |